



Product specification: Indische aubergine en bloemkool curry

Category: Hoofdgerechten

INGREDIENTS

aubergine , coconut milk [coconut extract, water, emulsifier: E435], tomato [tomato, tomato juice, citric acid], cauliflower , peas , onion , olive oil , ginger , coriander , lime juice [lime], sugar candy , sea salt [sea salt, sodium iodide], Sri lankan spice mix [coriander seeds [coriander seed], cumin seeds , rice , black pepper , MUSTARD seed , clove , cardamom , fennel seeds], turmeric , garlic , garam masala [coriander, cumin, black pepper, turmeric, cinnamon, nutmeg, ginger, fennel, clove], black pepper

Allergens - information

(+ contains / ? can contain)

celery	?	gluten	?
lactose	?	milk	?
mustard	+	nuts	?
peanuts	?	sesame	?
soy	?	sulphite	?

NUTRITIONAL VALUE - per 100 grams

Energy (kJ)	433
Energy (kcal)	104
Fat (gram)	8,2
Of which saturates (gram)	4,6
Carbohydrates (gram)	4,4
Of which sugars (gram)	3,2
Fibres (gram)	2,0
Protein (gram)	2,1
Salt (gram)	0,4